

Laatste kans ZB: Session: 1: COACH Evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 08:30 untill 09:20. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M MEDLEY MIXED 10-9					Heat:1, starttime: 09:30
Heat: 1/5 Lane : 5 Athlete: SCHRAMME ARTHUR					Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY MIXED 10-9					Heat:4, starttime: 09:38
Heat: 4/5 Lane : 5 Athlete: CALLEWAERT ANTHE					Q-time: 01:38:27
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 09:43	
Heat: 1/4 Lane : 3 Athlete: VAN TIEGHEM SUZAN							Q-time: 03:24:87	
PB (25m pool): 03:24.87 DIKSMUIDE 30/11/2025			PB (50m pool): no time SB: 03:24.87 DIKSMUIDE 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.64		01:42.50		02:42.14		03:24.87
	00:48.64		00:53.86		00:59.64		00:42.73	
								

Coach feedback:

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Event number: 2: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 09:51	
Heat: 3/4 Lane : 6 Athlete: SALEMBIER BABETTE							Q-time: 02:56:37	
PB (25m pool): 02:56.37 DIKSMUIDE 30/11/2025				PB (50m pool): 03:07.43SB: 02:56.37 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.55		01:25.21		02:17.65		02:56.37
	00:39.55		00:45.66		00:52.44		00:38.72	
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 09:55	
Heat: 4/4 Lane : 2 Athlete: KIELB KORNELIA							Q-time: 02:47:32	
PB (25m pool): 02:47.32 DIKSMUIDE 30/11/2025				PB (50m pool): 03:01.35 SB: 02:47.32 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.88		01:20.10		02:09.74		02:47.32
	00:35.88		00:44.22		00:49.64		00:37.58	
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 09:55	
Heat: 4/4 Lane : 7 Athlete: FILIMONOV VLADA							Q-time: 02:51:79	
PB (25m pool): 03:02.02 Aartselaar 01/11/2022				PB (50m pool): 02:55.38 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:02.02
	no time							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime: 10:08	
Heat: 3/7 Lane : 6 Athlete: CALLEWAERT EBEN							Q-time: 03:00:42	
PB (25m pool): 03:00.42 Brugge 20/10/2024				PB (50m pool): 02:56.61 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.06		01:29.96		02:20.58		03:00.42
	00:44.06		00:45.90		00:50.62		00:39.84	
								

Coach feedback:

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Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime: 10:08	
Heat: 3/7 Lane : 7 Athlete: MICHELS LOUIS							Q-time: 03:02:71	
PB (25m pool): 03:02.71 DIKSMUIDE 30/11/2025				PB (50m pool): 03:14.53SB: 03:02.71 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.11		01:32.57		02:21.99		03:02.71
	00:42.11		00:50.46		00:49.42		00:40.72	
								

Coach feedback:

Event number: 4: 100M FREESTYLE MIXED 10-9							Heat:1, starttime: 10:25	
Heat: 1/4 Lane : 3 Athlete: SCHRAMME ARTHUR							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Event number: 4: 100M FREESTYLE MIXED 10-9						Heat:4, starttime: 10:33	
Heat: 4/4 Lane : 6 Athlete: CALLEWAERT ANTHE					Q-time: 01:24:35		
PB (25m pool): no time			PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		no time		no time			
	no time						
							

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+						Heat:1, starttime: 10:35			
Heat: 1/9 Lane : 3 Athlete: VINTER LOUISE					Q-time: 99:99:99				
PB (25m pool): no time			PB (50m pool): no time SB: no time						
	2 5 M		5 0 M		7 5 M		1 0 0 M		
PB			no time				no time		
	no time								
									

Coach feedback:

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Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 10:38
Heat: 2/9 Lane : 4 Athlete: BEAUPREZ ELOISE					Q-time: 01:29:57
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 10:41
Heat: 3/9 Lane : 2 Athlete: VAN HULLE ENID					Q-time: 01:29:43
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 10:43
Heat: 4/9 Lane : 6 Athlete: LOCCUFIER FLEUR					Q-time: 01:19:37
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 10:43
Heat: 4/9 Lane : 7 Athlete: VAN TIEGHEM SUZAN					Q-time: 01:22:66
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 10:49
Heat: 7/9 Lane : 2 Athlete: KIELB KORNELIA					Q-time: 01:08:31
PB (25m pool): 01:08.31 Temse 17/11/2025					PB (50m pool): 01:15.43 SB: 01:08.31 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.55		01:08.31	
	00:32.55		00:35.76		
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 10:51
Heat: 8/9 Lane : 5 Athlete: DEWITTE ELISE					Q-time: 01:04:25
PB (25m pool): 01:04.25 Temse 17/11/2025					PB (50m pool): 01:08.51 SB: 01:04.25 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.88		01:04.25	
	00:30.88		00:33.37		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:1, starttime: 10:54
Heat: 1/10 Lane : 5 Athlete: DHONT THEODORE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:4, starttime: 11:01
Heat: 4/10 Lane : 2 Athlete: VERSTRAETE HENRI					Q-time: 01:13:71
PB (25m pool): 01:13.71 Zwevegem 11/05/2025					PB (50m pool): 01:15.32 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.50		01:13.71	
	00:34.50		00:39.21		
					

Coach feedback:

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Event number: 7: 4x50M MEDLEY MIXED 11+							Heat:3, starttime: 11:20	
Heat: 3/3 Lane : 4 Athlete: TEAM BZK 1							Q-time: 01:44:40	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: